

# Devon Health and Wellbeing Board

## Outcomes Reporting

July 2019



Health and Wellbeing

Devon  
County Council

*Committed to promoting health equality*

# Introduction

- The H&WB outcomes report monitors priority measures identified in the JH&WB strategy (2016-19)
- Updated outcome measures will be presented to the board
- Recommended that the H&WB note the updated H&WB outcomes report

# Updated Outcome Measures

## 12 indicators updated

### Children, Young people and families

- Early years foundation score (school readiness – good level of development)
- GCSE attainment
- Under 18 conception rate
- Alcohol-specific admissions (under 18)

### Living Well

- Excess weight in adults
- Physically active adults
- Fruit and vegetable consumption (5 a day)

### Strong and supportive communities

- Domestic violence incidents

### Life Long Mental Health

- Emotional wellbeing of looked after children
- Hospital admissions for self-harm 10-24 years
- Gap in employment rate
- Stable and appropriate accommodation (Mental Health)
- Self-reported wellbeing (low happiness)



# Updated Outcome Measures

		Gap across district rates		Devon Trend
	7 in 10 pupils in reception are achieving good level of development	Torrige 67.2%	South Hams 76.2%	↑
	Higher GCSE attainment	Torrige 49.4%	East Devon 69.1%	→
	1 in 8 women were teenage mothers	Torrige 15.6	South Hams 7.5	↓
	Higher rates of alcohol-specific admissions in under 18s	Teignbridge 61.1	Mid Devon 20.1	↓
	3 in 5 adults are either overweight or obese	Teignbridge 68.7	Exeter and East Devon 58.8	-
	7 in 10 adults are physically active	North Devon 65.8%	Exeter 80.0%	-

# Updated Outcome Measures

		Gap across district rates		Devon Trend
	3 in 5 people eat the recommended 5 a day	East Devon 58.3%	South Hams 67.9%	-
	1 in 8 people reported a domestic violence incident	Exeter 18.3	South Hams 8.4	-
	Higher average score for emotional wellbeing for looked after children	Not available	Not available	-
	Higher rates of self-harm in children and young people (10-24 years)	Torrige 820.4	Exeter 401.9	-
	Larger gap in employment rate for mental health clients	Not available	Not available	↑
	2 in 3 mental health clients are in stable accommodation	Not available	Not available	-

# Current Actions

## Children, young people and families

- Babcock Early Years Lighting Up Learning (LUL) project. Targeted at Exeter, North Devon and Torridge districts. Focus is on language and literacy with an aim to improve partnership working and strengthening transition at all points from EYFS to KS1.
- Early Help for Mental Health (EH4MH) helping schools to support positive MH and well being of students.
- Young Devon provides support, information and counselling to children in the community including information on how to deal with stress during exams.

## Children, young people and families

- Range of contraceptive services commissioned by Public Health and wider.
- Currently identifying ways to collaborate and optimise the sexual health offer including the anticipated introduction of mandatory relationships and sex education in schools across Devon.
- A recent assessment of substance misuse in adults and transition from youth to adult substance misuse services.
- Further work being carried out through the Safer Devon Partnership including a rapid review of young people and substance misuse services to identify service and pathway improvements.



# Current Actions (cont'd)

## Living Well

- Health Improvement programme:
  - Lifestyles service
  - Health checks
- Healthy weight declaration
- Sugar smart campaign
- Public Health working closely with Active Devon. Active Devon recent successful STP bid to enhance current offer with a focus on areas of gaps such as North Devon and Torridge.
- Sports England local delivery pilot in Exeter and Cranbrook.

## Strong and supportive communities

- Multiagency approach to delivering the DSVVA strategy. Currently developing an outcome framework to support and monitor progress.



# Current Actions (cont'd)

## Life Long Mental Health

- Joint DCC and CCG workstream to develop a more detailed understanding of self-harm across the Devon STP.
- Successful bid in Torbay from NHSE to pilot a new self-harm therapy model. Evaluation of this project is planned and results will inform work across the Devon STP.
- PHE publication on self harm and a further paper to be published in the summer.



# Easy Read



- **Living Options Devon:** “translating” the H&WB outcomes report for people with learning disabilities who use Easy Read.



- Focus group with CEDA: consultation with people with lived experience of learning disabilities.



- Using pictures and words to communicate complex ideas and facts. Photos courtesy of Photosymbols, the Easy Read Photo Library



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# Easy Read Example

From “Children, Young People and Families.”

  <p>Hospital</p>	<p>Number of children who go to hospital because of alcohol</p>
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   <p>Hospital</p>	<p>↑</p> <p><b>1 out of 2 thousand</b> children in Devon go to hospital because of alcohol.</p> <p>This is <b>more</b> than children in the country of England.</p> <p>This is a <b>bad</b> thing.  </p>
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- CEDA focus group suggested emojis.
- Pictorial stories support simplified words and concepts.
- Audience may read independently, or have the support of a carer.

# Useful Links

- Full report available at:  
<http://www.devonhealthandwellbeing.org.uk/jsna/health-and-wellbeing-outcomes-report/>
- JSNA Overview available at:  
<http://www.devonhealthandwellbeing.org.uk/jsna/overview/>
- JSNA data tool available at:  
<http://www.devonhealthandwellbeing.org.uk/jsna/profiles/>