

## Health and Wellbeing Outcomes Report, July 2024

### Report of the Director / Head of Service of Service Area

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Please note that the following recommendations are subject to consideration and determination by the Committee before taking effect.

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#### 1) Recommendation

That the Cabinet / Committee be asked to note the update of the Joint Health and Wellbeing Strategy (JHWS) outcomes reporting update and if there are any additional more detailed updates required on specific topics in the JHWS outcomes reporting for the next board.

#### 2) Background / Introduction

The purpose of this report is to inform the Devon Health and Wellbeing Board of the latest data updates in the Devon Health and Wellbeing Outcomes Report and provide descriptive analysis around how the updated indicators has changed since their last update.

#### 3) Main Body / Proposal

The Devon Health and Wellbeing Outcomes Report monitors intelligence pertaining to the four priorities identified by the Joint Health and Wellbeing Strategy 2020-25, broken down by local authority, district, and trends over time. These four priorities are to create opportunities for all; to create healthy, safe, strong, and sustainable communities; to focus on mental health; and maintain good health for all.

This report supplements the full Devon Health and Wellbeing Outcomes Report for **July 2024**, which is available on the Devon Health and Wellbeing website, accessible at: <https://www.devonhealthandwellbeing.org.uk/jsna/health-and-wellbeing-outcomes-report/>

**Ten indicators** have been updated with new data (two have been revised) and are as follows:

- **Adult Excess Weight, 2022/23**

The percentage of adults classified as overweight or obese in Devon is 61.7% this is an increase (60.5%) when compared to the previous reporting year. This is statistically better than the England average of 64.0%.

Most Devon districts are statistically similar compared to the England average; Exeter (55.8%) and South Hams (55.1%) are statistically better; East Devon (70.9%) is

statistically worse with an increase (54.6%) since the previous reporting year. Clarity around this increase was sort from OHID who advised that they recommend

*“some caution in the interpretation of the data specifically at a lower tier local authority level as there is quite a lot of year to year variation due to the relatively small sample size – that said the sample is selected and weighted in the analysis to be representative of the population, so we feel the results have good validity (especially when the confidence intervals are considered showing the margin of error around the estimates).”*

- **Alcohol-Related Admissions (Narrow), 2022/23**

The alcohol related admission rate in Devon is 470.1 per 100,000 of the population. This is an increase from the previous reporting year. This is statistically similar to the England rate of 474.6.

South Hams (367.5) and West Devon (376.8) are statistically better than the England average. East Devon (497.7), Mid Devon (467.9), North Devon (474.9), Teignbridge (494.0) and Torridge (425.5) are statistically similar. Exeter (573.7) is statistically worse but has improved from the previous reporting year (609.4).

- **Child Poverty, 2022/23**

The percentage of children (under 16s) in absolute low-income families in Devon is 12.3% (better than last reporting year 13.6%). This is statistically better than the England average of 15.6%.

Most Devon districts are statistically better compared to the England average; no districts are statistically similar; North Devon (14.5%) has gone from being statistically worse last reporting year (16.3%) to statistically better. However, Torridge (16.7%) has remained statistically worse.

- **Emergency Hospital Admissions for Intentional Self Harm, 2022/23**

The rate of emergency hospital admissions for intentional self-harm in Devon is 149.7 per 100,000 of the population. This remains statistically worse than England (126.3) from the previous reporting year.

No districts are statistically better. East Devon (136.1), Mid Devon (125.9), South Hams (109.9), Torridge (136.3), and West Devon (125.7) remain statistically similar to the England average compared to last reporting year. Exeter (194.4), North Devon (159.9) and Teignbridge (171.5) remain statistically worse than the England average from last reporting year.

- **Fruit and Vegetable Consumption (5-A-Day), 2022/23**

The percentage of persons aged 16 and over who report meeting the recommended 5 portions of fruit and vegetables on a usual day in Devon is 40.7%. This is statistically better than the England average of 31.0%. But a slight decrease (42.3%) from the

previous reporting period. East Devon (45.6), Mid Devon (41.7), North Devon (38.9), South Hams (44.2), Teignbridge (42.8), Torridge (35.7) and West Devon (39.5) are all statistically better in comparison to England. Exeter (34.4) is statistically similar. No districts are statistically worse compared to the England average.

- **Injuries Due to Falls, 2022/23**

The rate of injuries due to falls in Devon is 1699.5 per 100,000 of the population, an increase (worse) from 1679.9 per 100,000 in the previous reporting period. This is statistically better than the England average of 1932.8.

East Devon, (1671.3), Mid Devon (1706.3), North Devon (1628.3), South Hams (1550.0), Torridge (1459.3) and West Devon (1369.5) are statistically better than the England average. Exeter (2019.9) and Teignbridge (1960.5) are statistically similar. No districts are significantly worse than England.

- **Percentage of Physically Inactive Adults, 2022/23**

The percentage of physically inactive adults in Devon 17.5% is statistically better than England 22.6%. East Devon (17.7%), Exeter (18.8%), Mid Devon (16.4%), North Devon (16.7%), South Hams (12.3%) and Teignbridge (18.3%) are all statistically better than England. Torridge (19.9%) and West Devon (20.4%) are statistically similar. No districts are statistically worse than the England average.

- **Proportion of Physically Active Adults, 2022/23**

The percentage of adults achieving at least 150 minutes of physical activity per week in accordance with UK CMO recommended guidelines on physical activity in Devon is 74.3%. This remains statistically better than the England average at 67.1%.

East Devon (74.2%), Exeter (76.4%), Mid Devon (74.8%), North Devon (73.9%), South Hams (80.1%) and Teignbridge (72.3%) and all statistically better than England. Torridge (69.6%) and West Devon (70.7%) statistically similar in comparison to the England average.

## 2 indicators have been revised following the Census 2021 for this latest update:

Following Census 2021, the Office for National Statistics (ONS) carried out reconciliation and rebasing of the mid-year population estimates (MYE) it produces for 2012 to 2020. This process happens every 10 years following the census. It is particularly important following the 2021 Census because the coronavirus (COVID-19) pandemic is likely to have increased the uncertainty around the MYEs (Mid-Year population Estimates) more than would ordinarily be the case.

- **Life Expectancy at Birth, Females and Males 2022**

The data for this indicator has been **revised** to use the rebased population estimates for 2012 to 2020 time periods.

The numbers of years expected at birth is 80.6 years for males which is also statistically significantly better compared to England at 79.3. The number of years expected to live at birth is 84.6 years for females which is statistically better than England at 83.2 years

In relation to males East Devon (81.1 years), Mid Devon (81 years), South Hams (82.3 years), Teignbridge (80.4 years) and West Devon (81.1 years) are statistically better than England.

In relation to females East Devon (85.5 years), South Hams (85.9 years), Teignbridge (84.2 years) and West Devon (85.6 years) are statistically better than England.

In relation to males Exeter (78.8 years), North Devon (79.8 years) and Torridge (80.3 years) are statistically similar to England.

In relation to females Exeter (84 years), Mid Devon (83.6 years), North Devon (83.6 years) and Torridge (83.9 years) are statistically similar to England.

No districts were significantly worse for males or families when compared to England.

- **Under 18s conception rate per 1,000 women aged 15-17, 2021**

The official population estimates for mid-2011 to mid-2021 have been revised, to incorporate the data now available from Census 2021. This update provides new rates for 2011 to 2021 using the new population updates.

The rate of under 18s conception in Devon is 10.0 per 1,000 women aged 15-17. This is statistically better than the England average of 19.5 per 1,000.

East Devon (6.7), Mid Devon (5.8) and South Hams (5.9) are statistically better than the England average; Exeter revised (8.2), Teignbridge (11.8), Torridge (14.2), and West Devon (8.8) are statistically similar to England; North Devon revised (19.3) is now statistically worse than England.

#### **4) Options / Alternatives**

*Nil*

#### **5) Consultations / Representations / Technical Data**

*Nil*

#### **6) Strategic Plan**

*The JHWS priorities align to the Devon County Council Plan 2021 – 2025:*

*<https://www.devon.gov.uk/strategic-plan/> . The JHWS outcomes reporting is a regular quarterly item where the board notes progress on the strategic outcome indicators.*

#### **7) Financial Considerations**

*Nil*

## **8) Legal Considerations**

*Nil*

## **9) Environmental Impact Considerations (Including Climate Change, Sustainability and Socio-economic)**

*Nil*

## **10) Equality Considerations**

*There are no specific equality considerations. This report is an update to the Health and Wellbeing Board on JHWS outcome measures identified in the JHWS Strategy. Public Health Intelligence monitors population health and inequalities across Devon, and further detailed information can be found in the Joint Strategic Needs Assessment resources on the Health and Wellbeing Board Website.*

## **11) Risk Management Considerations**

*Nil*

## **12) Summary / Conclusions / Reasons for Recommendations**

*Nil*

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