

Devon's Charter to End Loneliness

The Devon Health and Wellbeing Board and our partners will:

Understand and Communicate

- Understand the extent and nature of loneliness and publish this in the Joint Strategic Needs Assessment

Involve

- Involve people experiencing and at risk of loneliness in mapping local assets, determining responses and co-producing solutions
- Learn from good practice

Plan

- Include ending loneliness as a priority in the Joint Health and Wellbeing Strategy and work to ensure the plans of local health, care and wellbeing organisations address loneliness

Raise Awareness

- Through local campaigns and action raise awareness in the public, local councillors, GPs and services about how to identify people experiencing or at risk of loneliness and how to help them

Make a Difference by promoting the five ways to wellbeing

- Enable people to **connect**, by supporting communities and local community transport options
- Support people to **be active** by promoting healthy lifestyles and active travel
- Encourage people to **take notice** of themselves and those around them
- Ensure people have opportunities to **keep learning** throughout life
- Encourage people to **give**, by promoting volunteering

Councillor Andrew Leadbetter, Chair of Devon
Health and Wellbeing Board

Dame Suzi Leather, Chair of Devon
Sustainability and Transformation Partnership

David Rogers OBE, Chair of Healthwatch
Devon and Board Loneliness Lead