



# Update on progress with Devon's STP

## Sonja Manton, Director of Strategy



# We face unprecedented challenges

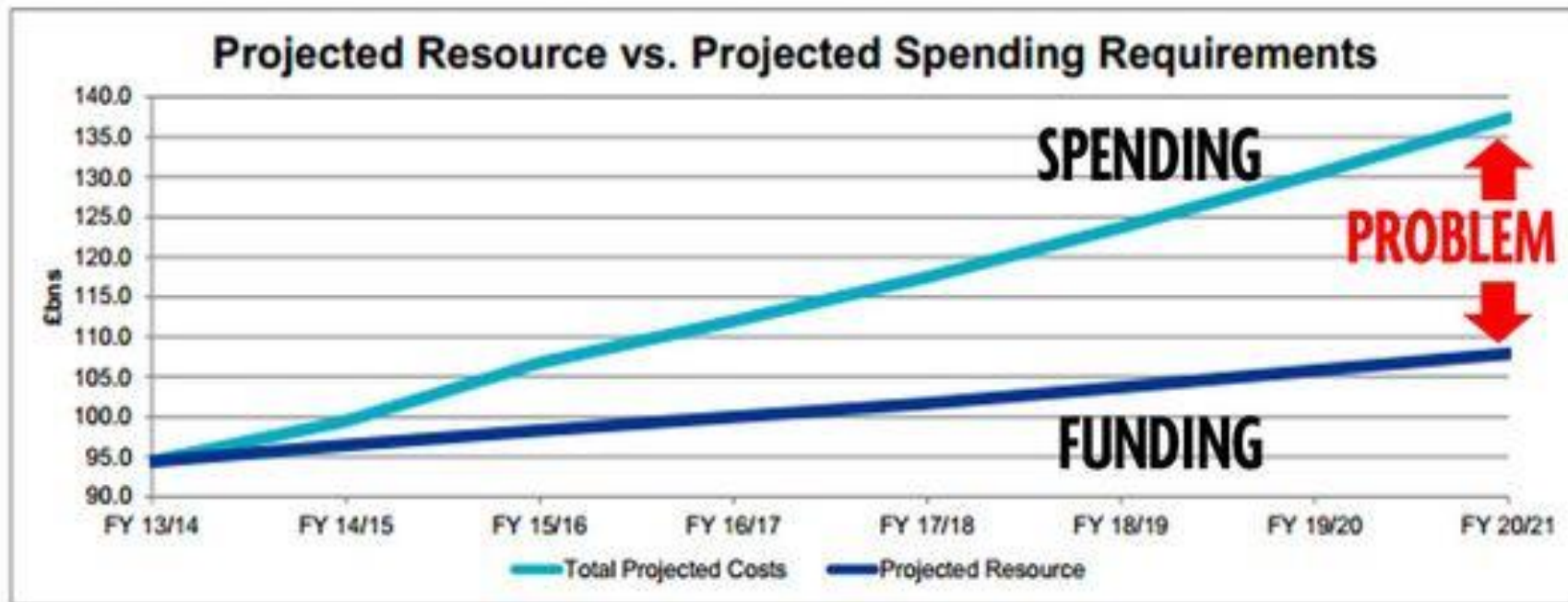
- ❑ Huge growth in use of NHS and social care services. Demand risen by 50% in a decade
- ❑ An ageing population – particularly in Devon – who are more and more reliant on our support
- ❑ New medicines and treatments, which increases costs
- ❑ Increasing demands that have to be delivered within annual funding that is fairly stable
- ❑ Real difficulties in recruiting to core roles in the NHS and social care



# How will we fund these challenges?

## HEALTH FUNDING VS HEALTH SPENDING IN THE NEXT 10 YEARS

The funding gap is projected to be around £30bn by 2020/21.

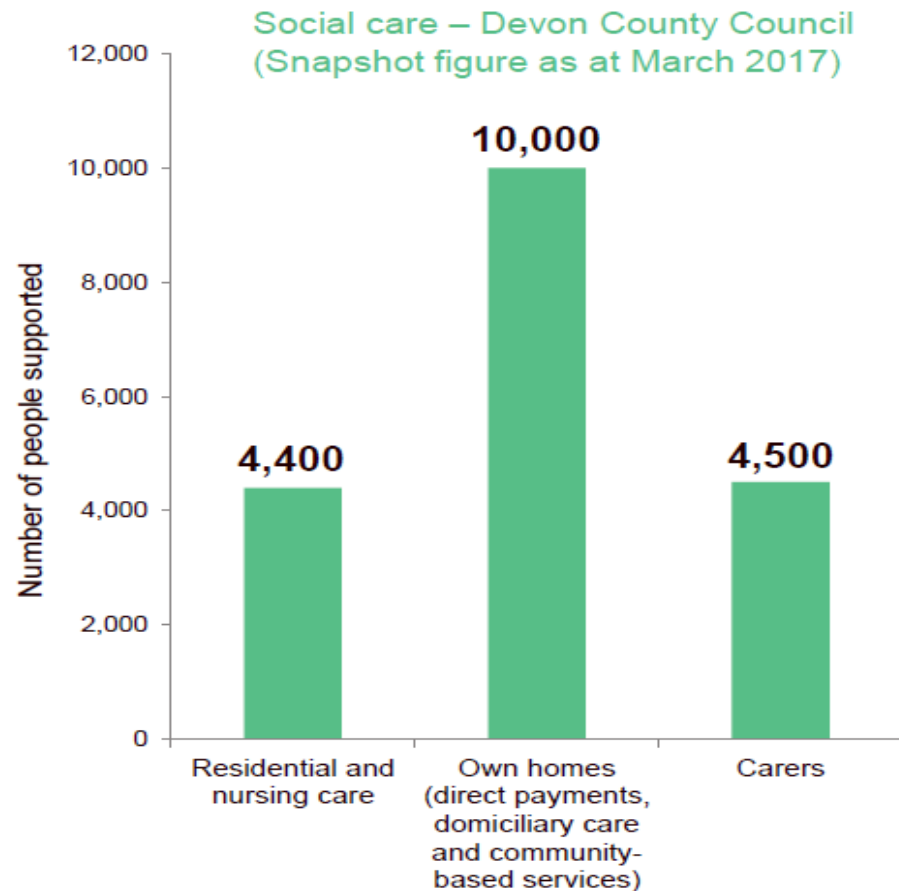
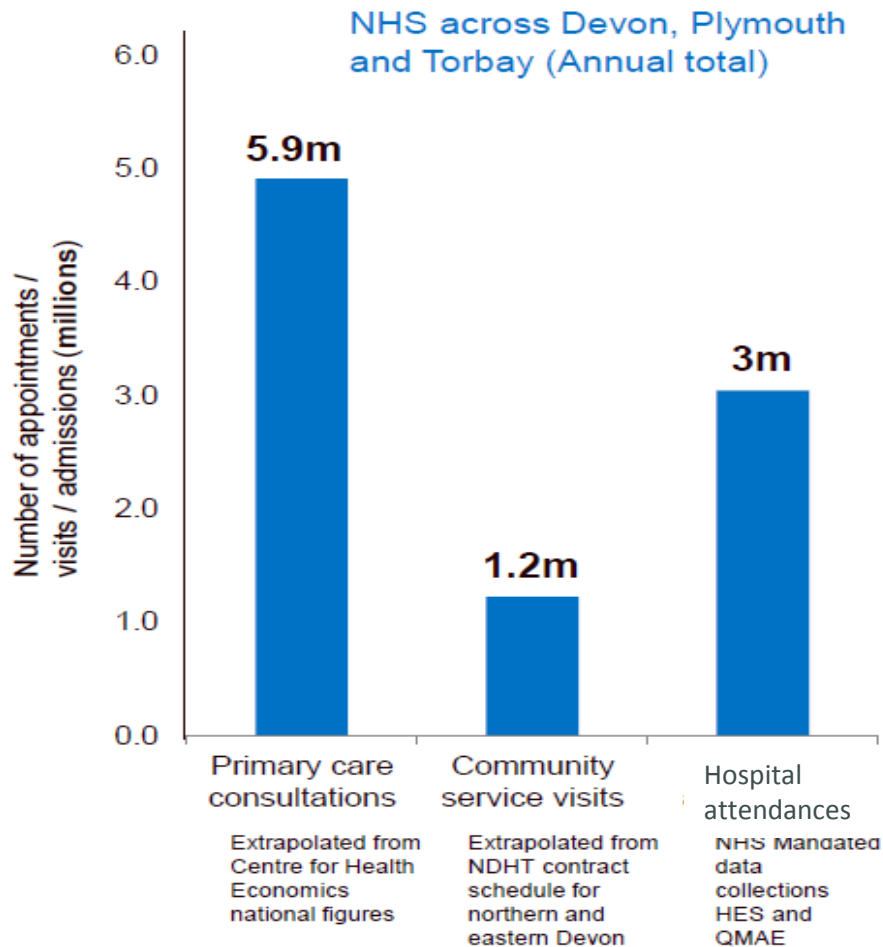


# We must change what we do, and how we do it

- ❑ Big changes needed to meet the challenges we face
- ❑ We will look to adopt more national best practice:
  - Specialist centres
  - Better Births guidance
  - More care at home
- ❑ We will reduce spend on corporate support services, such as IT and procurement
- ❑ We will look to better integrate health and care services across Devon
- ❑ We will sell off redundant estate and facilities

# Where we are now

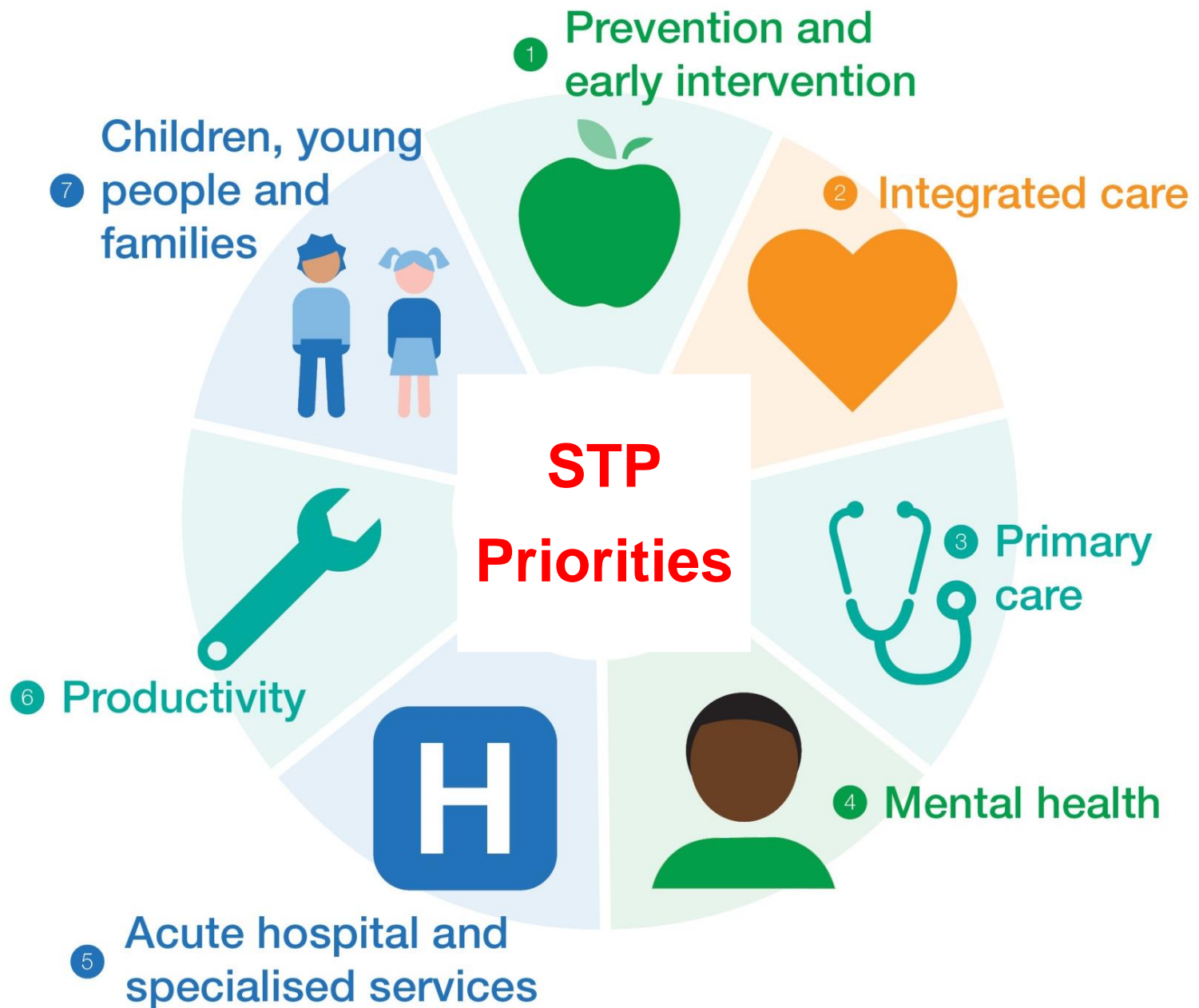
## Number of people seen in Devon in 2016/17



# Our health challenges

- ❑ 101,889 individuals with 2 long-term conditions (LTC), 40,583 with 3 LTC
- ❑ 162,048 hazardous and harmful drinkers
- ❑ 138,720 smokers (18+), 1268 mothers smoking at time of delivery and 33,967 smokers in routine and manual occupations
- ❑ 262,990 inactive adults
- ❑ 618,787 overweight or obese adults
- ❑ 3411 deaths under the age of 75





# All organisations in Devon are signed up...



**Devon Partnership**  
NHS Trust



**Royal Devon and Exeter**  
NHS Foundation Trust



**Northern Devon Healthcare**  
NHS Trust



**South Devon and Torbay**  
Clinical Commissioning Group



**Northern, Eastern and  
Western Devon**  
Clinical Commissioning Group



**Torbay and South Devon**  
NHS Foundation Trust



**Plymouth Hospitals**  
NHS Trust



**South Western  
Ambulance Service**  
NHS Foundation Trust





# Prevention and promoting health

## Key connecting priority between Sustainability and Transformation Plan and Health and Wellbeing Strategies

- ❑ Will address major health issues in Devon, such as smoking, obesity, physical inactivity, drinking at harmful levels
- ❑ Aim of this priority is to take action to tackle the top five causes of death in the under-75s: Coronary heart disease; Trachea, bronchus and lung cancers; accidents; Bronchitis, emphysema and other chronic diseases; and stroke by
  - Tackling environmental and social conditions to promote good health
  - Encouraging healthy behaviour
  - Managing early illness to prevent progression
  - Addressing loss of independence
  - Promoting well-being and self-care
- ❑ It will develop plans to help people lead healthy lives
- ❑ *Making Every Contact Count* will be key campaign

# Integrated care model

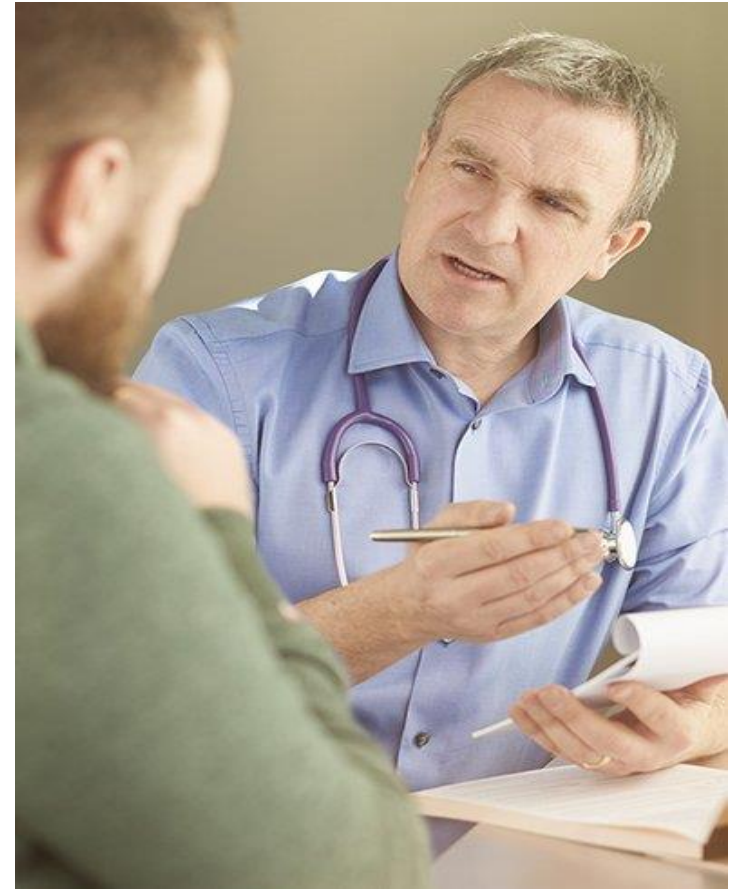
## Key connecting priority between Sustainability and Transformation Plan and Health and Wellbeing Strategies

- Focus is understanding needs in a broader way, and working with public health, primary care, mental health, community health and social care, and communities themselves to strengthen integration and community resilience.
- The model of care is setting out to simplify and co-ordinate care and treatment based around individuals and with a shift of the balance to improved wellbeing and independence and pro-active care.
  - We reduce the number of different staff involved in looking after someone
  - We co-ordinate care and treatment appointments better
  - We ensure we don't duplicate work or miss things through poor co-ordination

# Primary Care

GPs are and will continue to be at the heart of people's care

- ❑ We already have very good primary care in Devon, but these services are under pressure
- ❑ GP practices are facing a number of immediate challenges that need to be addressed in order to be fit for the future
- ❑ A new strategy has been developed and addresses some key issues including:
  - The GP workforce is ageing
  - Recruitment and retention of GPs and other clinicians
  - Need to plan to move towards 7-day working



# Mental Health

Mental health was given prominence in the recent *NHS Five Year Forward View Delivery Plan*

- The agreed local priorities for developing mental health are:
  - Crisis and urgent care to make this more resilient 24 hours a day, 7 days a week
  - Dementia support in recognition of the growing numbers of people with dementia
  - Primary and secondary care interface for people with mental health needs for more co-ordinated and joined up support
  - Children and young people to increase access to mental health support and services

**Key enablers are workforce and strategy development**

# Learning Disabilities

Our STP priority has identified four areas for improving services for individuals with a learning disability across Devon.

□ These are:

- Tackling health inequalities
- Promoting citizenship and optimising the independence of people
- Transforming Care Programme
- Improving support for people with autism



# Acute hospital and specialist services

- ❑ First phase of our Acute Services Review has led to changes to how our four main hospitals work together
- ❑ 100+ clinicians, managers and patients involved in devising how we ensure safe and sustainable services
- ❑ The benefits we are seeing:
  - Improved partnering between hospitals
  - New workforce solutions to solve recruitment challenges
  - Mutual aid so that services are resilient and can best meet national standards
  - Developments to services and adoption of best clinical practice





# Children and families

An analysis of the data from all partners and a review of the evidence base is being completed by Public Health to be considered by the programme leadership group:

- ❑ This will inform the actions to be taken in the four priority areas:
  - Prevention and health promotion for children to give them the **best start in life possible**
  - **Emotional Health and Well Being** from prevention / early intervention to specialist (tier 3 & 4) mental health services
  - **Safeguarding including a focus on** adult behaviours that can compromise the wellbeing of children
  - **Children with additional needs** (children with long term and/or life limiting illnesses of conditions)



# Productivity

- ❑ It is vital that we ensure as much money as is possible is spent on frontline patient care
- ❑ This priority, therefore, focuses on:
  - Making savings in 'back office' services
  - Improving how we buy goods and services more efficiently
  - Using our buildings and sites in the most cost-effective and efficient way
- ❑ The review into corporate support services (such as IT, HR, communications, finance and governance) will look into how we can develop a 'shared service' model and make up to £12 million in savings

# Working together is helping transform our system

- ❑ Leaders working collaboratively on our STP is delivering benefits:
  - Progress in tackling historic financial problems – over £100 million of efficiencies made last year
  - Improvements to service performance, with Devon in top 3 STP areas for cancer treatment, emergency care and primary care access
  - Far-reaching collaboration and sharing between four main acute hospitals
  - Stronger integration between the NHS and Local Authorities
  - Two major public consultations on new models of care – so that we treat more people at home

